

## Keith Kirton



Keith graduated as an Optometrist from the Technikon Witwatersrand in 1993. He practiced as a locum for two years and in 1996 went into private practice in Eastgate Shopping Centre in Johannesburg. In 2008 opportunity arose and he relocated to the Lowveld in Mpumalanga, where he and his wife Rae', also an Optometrist, own practices in Nelspruit, White River and Sabie.

Keith is a director of the Dynamic Vision group of Optometrists and sits on the board of Iso Leso.

Keith practices general Optometry, with special interests in contact lenses, scleral contact lenses, and diabetes.

In 2002 Keith completed his certificate in Ocular Disease and Diagnostic Pharmaceutical application through the GIO.

In 2016 his daughter was diagnosed as a Type 1 diabetic. The impact of diabetes on his families' lives sparked an interest in the condition. In 2017 he completed the entry level Diabetes Accreditation course through the CDE diabetes Academy. In 2018 he completed the Diabetes Course – Comprehensive Patient Care for the Primary Care Optometrist through the GIO but felt that he needed learn about Diabetes. In 2019 he enrolled for his Post Graduate Diploma in Diabetes through the University of South Wales and completed the course in 2020. Having achieved the minimum requirements he was able to enroll for his MSc in Diabetes, which he is currently busy with. The topic for his MSc is: The role of Artificial Intelligence platforms in the management of diabetic retinopathy in South Africa.

When not studying or working Keith tries to keep fit, enjoys playing golf, trips into the Kruger National Park and spending time around the braai with friends and family.